



Zion Evangelical Lutheran Church

Connecting with God; Connecting with Others; Connecting others with God

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DAILY DEVOTIONAL FROM PASTOR SELL

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This morning what looked like a three-year-old riding an old-fashioned tricycle and her mom were going past my house. The mother was walking quickly so the little girl was peddling furiously. Despite the fast peddling, she was smiling ear to ear as if this was the best thing in the world. She was full of the delight, exuberance, and joy that children have. I remember the night my then-almost-one-year-old learned she could walk without holding on to someone's finger. She ran back and forth through the house for an hour. What joy and excitement she found in her new freedom.

Too often as we get older, we lose that sense of joy and excitement. We use that old phrase "Been there Done That." It is then we should remember the words of St. Paul to the Philippians.

"Rejoice in the Lord always; again I say, Rejoice. Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication, with thanksgiving let your requests be made known to God. And the peace God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus."