



# Zion Evangelical Lutheran Church

*Connecting with God; Connecting with Others; Connecting others with God*

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## Lent 2021 – God’s Lessons All Around Us *Devotionals from Pastor Sell*

### *JUST LIVING AND THINKING*

#### Monday, March 22

In March of 2004, I slipped and fell. It was a bad fall resulting in a severely broken wrist and hand. It was surgically set with an external fixation device. Then came the cast, the braces, and endless therapy. The doctors said I would definitely face carpal tunnel surgery and arthritis in 5-10 years. Thankfully none of that has happened. It took almost a year to heal, however, I was left with nerve damage. I can no longer play the oboe, flute, or most other musical instruments. I have a handicap but most people would not notice except on those now-rare occasions when I need a brace.

As we travel through life, we may not see other people’s problems and hardships. Their life stories are hidden perhaps by shame, embarrassment, or just not wanting to be asked questions. Some have been hurt by those who just don’t understand or care. Scripture tells us Jesus knew and understood the hurts held deep inside. He knew the pain of the woman at the well. He sensed the anguish of those with mental illness. Jesus cared.

Give some thought today to how you can be more sensitive to the hurts of others.