



# Zion Evangelical Lutheran Church

*Connecting with God; Connecting with Others; Connecting others with God*

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## ***DAILY DEVOTIONAL FROM PASTOR SELL***

### **Thursday, February 3**

The other day I spent all afternoon making Rouladen with the recipe my grandmother brought with her from Germany in 1930. Rouladen is thinly sliced beef filled with vegetables, bacon, and mustard. The recipe I use has just bacon and dill pickle for filling. It may not be traditional but it sure is good. When that was finished, I made a big pot of mashed potatoes. The house was filled with wonderful smells and memories. I took some to my daughter and son-in-law since they enjoy rouladen too.

Communion should be like that for us, full of memories. Memories of the last supper with the disciples. Memories of Jesus words “broke and shed for you.” Thoughts of the grace and blessings of God in Jesus the Christ.