



Zion Evangelical Lutheran Church

Connecting with God; Connecting with Others; Connecting others with God

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Easter 2021

Devotionals from Pastor Sell

Tuesday, April 27

I returned home recently to a blizzard of tiny white petals from the tree by the house. Not only did they land on the pavements and the gardens but they blanketed the pond as well. Later as I sat on the porch, I watched the petals slowly rotate around the pond which had just been cleaned. Around and around they went. I was not looking forward to skimming them out of the pond. A couple days later I got out the skimmer and got to work. The long handle and a solid net resolved most of the problem in about an hour.

As I watched, I began to think about how often I get stuck in a pattern of circular thinking. There is a problem and I begin to over think it. Then I get stuck and can't think about anything else. When I get in an over thinking pattern, I find it helpful to meditate on Jesus. He is the strong solid force which sets me on the right track and helps sort out the issues so I can move on.