



# Zion Evangelical Lutheran Church

*Connecting with God; Connecting with Others; Connecting others with God*

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## WeekIE-Newsletter

### COMING UP AT ZION & WITHIN THE WIDER CHURCH

#### **Sunday, February 28**

\* *The flowers are sponsored by Jeff Thompson in celebration of Amy's birthday which was on February 25<sup>th</sup>.*

\* *The communion elements are sponsored by Lisa Nelson in honor of February family birthdays - Ben, Kacey, and Juliette, and in memory of Carla.*

In-Person Worship – 9:00 a.m.

Live-stream Worship – 9:00 a.m.

Worship Link: [http://bit.ly/Zion\\_Live](http://bit.ly/Zion_Live)

Wired Word Sunday School Class – 10:30 a.m. [Sign on any time after 10:15]

Class Link: <https://us02web.zoom.us/j/2283229266>

#### **Monday, March 1**

Food Pantry – 10:00 a.m. – 1:00 p.m.

Comforters – 9:00 a.m. (Kitchen/Social Room)

Property – 7:00 p.m. (Zoom)

#### **Tuesday, March 2**

Bible Study – 9:00 – 10:30 a.m. (Connection Zone/Sanctuary)

Scouts – 6:30 p.m. (Social Room & Classrooms)

#### **Wednesday, March 3**

Food Pantry – 10:00 a.m. – 1:00 p.m.

Movie Night – 6:00-8:00 p.m. (Sanctuary) [“The Overcomer”]

#### **Thursday, March 4**

Community Meal Drive-Thru – 5:30 – 6:15 p.m. (High School Nat'l Honor Society)

Meditation – 7:00-8:00 p.m. (Zoom; Contact the Parish Resource Center for link)

#### **Friday, March 5**

#### **Saturday, March 6**

#### **Sunday, March 7**

In-Person Worship – 9:00 a.m.

Live-stream Worship – 9:00 a.m.

Worship Link: [http://bit.ly/Zion\\_Live](http://bit.ly/Zion_Live)

Wired Word Sunday School Class – 10:30 a.m. [Sign on any time after 10:15]

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## ANNOUNCEMENTS



### LENTEN DEVOTIONALS

The following Lenten Devotionals are available on the ushers' table in the Narthex: 1) Reflections on the Writings of C.S. Lewis: Mercy, Passion, & Joy; 2) From Suffering to Salvation (inspiration from Henri Nouwen); and 3) printouts of Pastor Sell's daily writings. You may also stop by the office to pick up copies of what you want.

### OUR DAILY BREAD DEVOTIONALS

The March/April/May ODB Devotionals are available on the ushers' table in the Narthex. You may also stop by the office to pick one up. If you would like one mailed to you, please let Anne know (adminzelc@comcast.net).



### HOLY WEEK

As there was an Ash Wednesday service, there will be mid-week services held during Holy Week. Maundy Thursday is April 1 and Good Friday is April 2. There will be services on each of those days at 7:00 p.m. The same COVID safety protocols will be in place, so please let Anne know if you plan to attend either or both of those services.



Come on out for MOVIE NIGHT at the church *this coming Wednesday*, March 3 at 6:00-8:00 p.m. We will be showing "The Overcomer," a story about how high school basketball coach John Harrison's life changes forever after he loses his team and is challenged by the principal to coach a new sport he doesn't even like or understand: cross country. Filled with a mix of faith, humor and heart, this story will inspire you, while showing the power of redemption, reconciliation, and forgiveness. (Rated PG for some thematic elements.)



The WW class meets via Zoom each Sunday morning at 10:30. You can sign on any time after 10:15. The link for the class is: <https://us02web.zoom.us/j/2283229266>



**From Meghan Brady, Logan Gleason, & Baby Griffin**

Thank you so much for the baby goody basket! We feel so blessed to be parents to a wonderful little guy, and are so grateful for all the love we've received. We especially love the handmade blanket – it actually matches perfectly with a hat that one of the nurses at the hospital made for us, and they are a perfect combo for car rides and outdoor walks! Thank you so much!

**CORRESPONDENCE FROM BRENDA ALIMO**

Hello Zion Lutheran Church,



My special greeting to you over there! Here in Uganda I am healthy and my family members are also healthy. I started my school again and studies are going on well. Not all students have returned.

I received the special gift you send me of 25 US dollars. This is 92,350 of our local money. I used it to buy scholastic materials for school.

Thank you for your love and support to me. All from your sponsored child, Brenda



Many in the church have expressed an interest – and an eagerness – to be together again. The Parish Fellowship Team has been thinking about how we can get together, have some fun, catch up, and of course, stay safe.

Of course, as the weather gets nicer and we can be outdoors, more opportunities will be possible. In addition to the upcoming movie night on March 3, one thing that could also be done now is a trail walk, perhaps at the Junction Trail, close by near the Nook.

If you might be interested in this low-key, flat, safely distanced outdoor walk, please let Cathy B. (717-898-3646), Millie G. (717-898-2313), or the church office ([adminzelc@comcast.net](mailto:adminzelc@comcast.net)) know. In the meantime, let us know what you would like to do...what ideas do you have...how can we help make things happen that would be fun and comfortable for people?



Although we are still bound by strict conditions regarding confidentiality, we are able to offer some new information on our progress to the congregation.

Several weeks ago, we did meet with our first candidate. The committee spent significant time in preparing for the interview. The interview went well and we all enjoyed meeting the candidate. However, we informed the Synod that, while not eliminating the candidate, we were interested in seeing additional candidates. Weeks passed.

We have now been notified that we will be receiving the profile of a second candidate. We will meet to review the profile, restructure interview appropriately, and invite the candidate for a visit and personal interview.


We only receive candidate profiles that are provided by the Synod, always received with the conditions of confidentiality. The committee members will continue to abide by the confidentiality with fidelity. While we all wish the process would be moving more quickly, the committee continues to work prayerfully and patiently through the process.

## **LENTEN MEDITATION SERIES AT THE PARISH RESOURCE CENTER**

LENT SERIES – Each Thursday, The Parish Resource Center will have a new presenter sharing a practice that is meaningful to them. Try out new ways to connect with God during these interactive workshops. The workshop will be a live webinar through Zoom. A Zoom link will be included in an email sent to you after registration. Not able to attend on this date? Ask us how you can access a recording of the webinar. Pick and choose those that interest you most. The workshops coming up include:


1. *Meditation – Mar. 4 – THIS THURSDAY*
2. *Prayer Labyrinths – Mar. 11*
3. *Chanting – Mar. 18*
4. *Book Collage – Mar. 25*

LENT SPIRITUAL PRACTICES SERIES



**MEDITATION**

JEAN LENGACHER



THURSDAY MAR. 4, 7 - 8 PM

Feeling disconnected, distracted or discouraged? Mindful engagement teaches us how to be fully awake and engaged in the present moment. Learn to increase your awareness and loving kindness. Jean will draw from her knowledge of the Buddhist

perspective of mindfulness to enrich your current prayer practices.

The workshop will involve a time of teaching, practice, and reflection.

**Jean Lengacher** is a Spiritual Guide and Reiki Energy Practitioner. She received her Master of Divinity in Christian Spiritual Formation at Eastern Mennonite Seminary. Jean specializes in Mindful Meditation, Deepening Prayer, Energy Work and Buddhist Meditation. Her favorite color is blue.

LENT SPIRITUAL PRACTICES SERIES

# PRAYER LABYRINTH

CARMEL STABLEY



THURSDAY MAR. 11, 7 - 8 PM

Prayer labyrinths are an ancient form of prayer that allows the body to participate in the prayer by walking. The labyrinth is a path that mirrors the often circuitous journey of faith that ultimately brings us to the center. This form of walking

meditation can seem out of reach to those without easy access to an outdoor labyrinth or for those with difficulty walking. But labyrinths are adaptive. Learn creative ways to create and use finger labyrinths and indoor labyrinths to continue the physical prayer.

In 2010 Carmel Stabley walked her first steps on the 11-circuit labyrinth path as a personal practice in mindfulness. Now she is a Veriditas Advanced Certified Labyrinth Facilitator. She creates sacred spaces but also provides teaching on the history, sacred geometry, and the mental, physical, and spiritual benefits of the walking meditation practice.

LENT SPIRITUAL PRACTICES SERIES



# CHANTING

KRISTY CHRISTIAN

THURSDAY MAR. 18, 7 - 8 PM

Expand your spiritual disciplines with the art of chanting as divine embodiment through song and gentle movement. Explore the history of chanting in both the Christian tradition and the Wisdom tradition, as well as its

roots in science. Learn how to integrate chant and gentle movement into your regular practice. Learn ways chanting and movement practices can be incorporated into your individual spiritual life or into spiritual direction sessions.

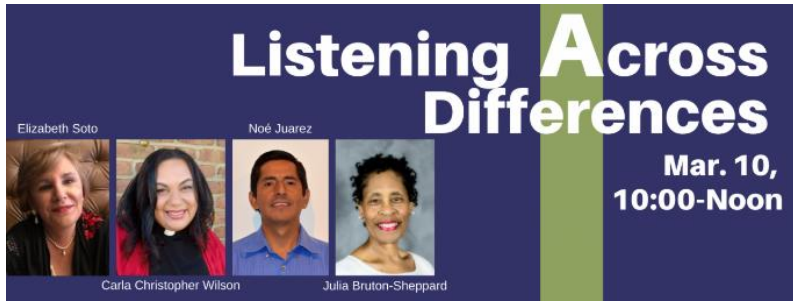
This workshop is an opportunity to deepen and widen one's capacity to be with God by integrating mind, body, and spirit through the spiritual practice of chanting; it is an invitation to know more of God with more of ourselves. This highly interactive workshop will include teaching, practice, and reflection. Beginners are welcome and no experience or singing ability is required.

Kristy Christian studied Theological Studies at Moravian Theological Seminary, where she also earned a graduate certificate in Spiritual Direction. It was through her studies in the Wisdom Tradition that Kristy, a lifelong vocalist, discovered the multilayered and



marvelous power of chant as a spiritual practice; through the lenses of science, spirituality, and the Wisdom tradition, Kristy began studying how and why chanting, especially when coupled with gentle movement, benefits one's entire being. For the past several years, Kristy has immersed herself in writing chants and body prayer chants, teaching chant as a spiritual practice, and leading weekly meditation and chanting groups, both locally and nationally.

### ADDITIONAL WORKSHOPS AT THE PARISH RESOURCE CENTER



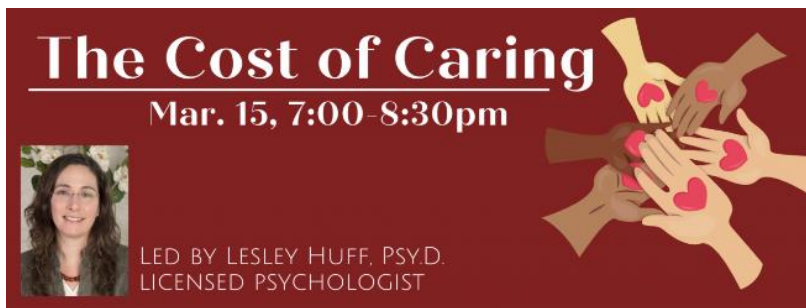
Power structures are deeply embedded in society. How do you listen, relate, and learn with those who are experiencing the world very differently than you? For spiritual directors, pastors, and others providing spiritual care,

hear from experts from our local community. This panel conversation will address how to listen sacredly to another's experiences across large differences.



Feeling too connected to your screens lately? Has quarantine left your family uninspired on activities you can do in your home? Join CHI St. Joseph Children's Health's Family Wellness Coaching Program for our Unplugged Activity

Workshop. Our virtual workshop will provide screen time education regarding the impacts screens can have on our physical and emotional wellbeing, as well as demonstrating healthy alternative activities that will help us to unplug. A list of common household items recommended for the activities will be provided with your online virtual class link.



Caring for others can take its toll. Secondary trauma, vicarious trauma, and compassion fatigue are all terms for the stress and emotional toll that results from hearing about the traumatic experiences of

others. It's commonly felt by those in helping professions – nurses, pastors, teachers, therapists, social workers – and others in caregiving roles in their personal or professional life. It can be difficult to maintain the fine balance between caring for oneself and caring

for another person, but when we forget to include ourselves in our circle of kindness, we lose connection with the compassion and goodwill in our intentions and actions.

See the connection between self-care and care for others. Recognize the importance of boundaries in your ability to sustainably care for others. Learn to identify when your internal batteries are becoming depleted and self-care is needed. Attendees will try specific practices to do in daily life or in moments of high stress to stay connected and present.



**The Lutheran Camping Corporation  
of Central Pennsylvania**  
Kirchenwald, Nawakwa, & The Wittel Farm

### **SUMMER CAMP...REGISTER ANYTIME!**



The 2021 summer camp schedule is set! There are camps for all ages and interests at both Kirchenwald and Nawakwa, including ELDER CAMP! Check out what else is offered on the LCC website. There is an early-bird registration discount if you register before April 3. Also, if you attend the Open House, you can get an additional discount.

<https://www.lutherancamping.org/summer-camp/youth-summer-programs/> [Summer Camp Early Full-Pay Registration Discount Deadline: 4/3]

### **Summer Staff Recruitment -- GOING ON NOW!**



Calling all high school kids, college-age young adults, and adults interested in working at camp this summer! Lutheran Camping Corporation is recruiting now for this summer's camp season.

<https://www.lutherancamping.org/employment/>

## Summer Volunteer Opportunities For All Ages And Interests



Camp is not just for young – or “younger” – people! There are volunteer opportunities galore at all of the LCC sites. Volunteers are critical in order to have a smooth-running program! Lutheran Camping Corporation is eager to have volunteers come forward to help out in the following areas: **Health Services, Food Services, Maintenance Services, Program Leadership, Gardeners.** More information about volunteering can be found at

<https://www.lutherancamping.org/volunteer/>

## Lenten Day Apart at the Wittel Farm; March 13, 9-4 p.m.; \$15



Lenten Day Apart sessions will include restorative spiritual practices and restorative soil work. You will learn about the soil on the farm and how you can improve its health. You will plant seeds in our greenhouse in the afternoon.

<https://www.lutherancamping.org/event/lenten-day-apart-2021/>



## Summer Camp Open House at Kirchenwald & Nawakwa; March 21 & April 11; 2-4:30 p.m.

You are invited to visit Kirchenwald or Nawakwa on March 21 or April 11. Take a tour of camp with members of our summer staff and see what camp is all about. As a bonus, all new campers will receive a \$10 gift certificate to the camp store!

<https://www.lutherancamping.org/event/summer-camp-open-house-kirchenwald-0321/>

## Work Day at Kirchenwald , Nawakwa , & Wittel Farm; April 24; 9-5 p.m.



Help get our sites ready for the summer season by helping out at the spring Work Day! Jobs available for all skill levels. Complimentary lunch for all volunteers. Please RSVP so that enough projects & food can be prepared for the day.

<https://www.lutherancamping.org/event/work-days-kirchenwald-2021/>

<https://www.lutherancamping.org/event/work-days-nawakwa-2021/>



**Earth Day Celebration at Kirchenwald; April 25; 2-6 p.m.; \$10**



Enjoy an afternoon of environmental activities, games, and crafts at one of your favorite places within God's creation: CAMP! An evening meal is included in the \$10 fee. All ages welcome.

<https://www.lutherancamping.org/event/earth-day-celebration-2021/>

**Men's Retreat at Kirchenwald; April 30-May 1; \$85**



Need a weekend with the guys? Come on out to Kirchenwald for a retreat at the end of April!

<https://www.lutherancamping.org/event/mens-retreat-2021/>

**Planting Day at The Wittel Farm; May 15; Beginning at 8:30 a.m.**



The Wittel Farm Growing Project (WFGP) is ramping up. In 2018, five acres of farmed land yielded thousands of pounds of fresh food for local hunger programs, and in 2020, project organizers are planting up to seven acres. Volunteers are needed throughout the spring planting season, the summer, and into the harvest season!

**Summer Camp Kick Off Worship & Picnic; May 16; worship begins at 3:30 p.m.**



## **ZION'S PRAYER LIST**

### ***FOR HEALING***

Rick Long  
Thelma Pearson  
Marvin Ruch  
Kate Donnan  
Barbara Williams  
Dave Wise  
Don Heartter  
Joe Adams  
Judie Ingersoll  
Lucy Davis  
Bill Grove  
Kay Crawford  
Holly Hoover  
Betty Albin (Mother of Dave Albin)  
Janet & Harry Musselman  
Howard Robinson (Brother-in-law of Wilson Pipkin)  
Robin Coons (Daughter-in-law of Dianne & Mark Coons)  
LaVon Harnish (Friend of Jeanette Bomberger)  
Homer Dietz (Brother-in-law of Harry Musselman)  
Ron Sahd (Friend of Dave Wise)  
Loma Slike (Mother of Sue Wise)  
Mike LaFata (Son-in-law of Bill & Julia Grove)  
Lesli LaFata (Daughter of Bill & Julia Grove)

### ***FOR COMFORT, PEACE, STRENGTH, & SAFETY***

Betty Stoner  
Arlene Miller  
Deb McCartney  
Marlin Zimmerman  
Bette Geibel  
Richard & Marilyn Heim Charlotte & George Potts  
Wilson Pipkin & family on the death of his father, Wilson Pipkin on Feb. 2  
Arlene Wise (Sister-in-law of Dave Wise)  
Vaun Hile (Father of Lynda Sherwood)  
Jennifer Kready (Daughter of Dave & Donna Dumeyer)

### ***FOR PROTECTION FOR MILITARY & FIRST RESPONDERS***

Christopher Wright  
Chris Andrew

Thom Whitesel  
Ryan Stitzel  
Doug Kautter  
Justin Gorlaski  
Corey Landis (Nephew of Jesse & Pat Landis)  
David Adams (Son-in-law of John & Kathleen Hay, and husband of Liz)

***IN CELEBRATION***

**HAPPY BIRTHDAY!**

29<sup>th</sup> – Maddox Miller

3<sup>rd</sup> -- Rick Rainar

4<sup>th</sup> -- Connie Alsedek, Andrew Bernhard, Barb Wildasin

**HAPPY ANNIVERSARY!**

4<sup>th</sup> -- Steve & Denise Haun (43<sup>rd</sup>)

## MINISTRY LEADERS

Ministers	Members of the Congregation
Interim Pastor	Rev. Melody Sell
Music Director	John Landis
Parish Administrator	Anne Rankin
Worship Technology Assistant	David Albin
Lay Ministry Assistant	Diane Gerlach
Council President	Adele King
Council Vice President	David Wise
Care Team	Judy Traup
Finance	John Hay
Parish Fellowship	Millie Gundel
Personnel	Sue Wise
Property	Open
Social Outreach	Randy Miller
Stewardship	Darrell Gerke
Worship & Music	Open
Faith Formation	Open
Sextons	Brian Bourassa (a.m.) Tom Miller (p.m.)



## WORSHIP, SUNDAY SCHOOL, & CONTACT INFORMATION

In-Person Worship	Sundays, 9:00 a.m. Maundy Thursday (4/1), 7:00 p.m. Good Friday (4/2), 7:00 p.m. <a href="http://bit.ly/Zion_Live">http://bit.ly/Zion_Live</a>
Live-stream & Recorded Worship Link (all services)	
Sunday School Class (Zoom)	Sundays, 10:30-11:15 a.m. <a href="https://us02web.zoom.us/j/2283229266">https://us02web.zoom.us/j/2283229266</a>
Church Office	717-898-2911
Pastor	570-916-8835
Parish Administrator	717-945-4585
Council President	610-247-1497
Office Email	<a href="mailto:adminzelc@comcast.net">adminzelc@comcast.net</a>
Pastor Email	<a href="mailto:prmsell2@ptd.net">prmsell2@ptd.net</a>
Council President Email	<a href="mailto:adele13@aol.com">adele13@aol.com</a>
Music Director Email	<a href="mailto:zionlandisvillemusic@gmail.com">zionlandisvillemusic@gmail.com</a>
Website	<a href="http://www.zionhempfield.net">www.zionhempfield.net</a>
Facebook	Zion Lutheran Hempfield
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